



## Long Sutton Primary School Menu Term 5 & 6 2024

Week One	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Wholemeal Cheese and Tomato Pizza, Potato Wedges and Mixed Salad	Chicken Noodles with Broccoli	Roast Gammon, Yorkshire Pudding, Potatoes, Carrots, Peas and Gravy	Chicken Tikka Masala, Wholegrain Rice and Green Beans	Sausages, Mashed Potato, Peas and Gravy
Main 2	Vegetable Lasagne, Potato Wedges and Mixed Salad	Free Range Egg Omelette, Baked Beans and Grilled Tomato	Cauliflower Cheese, Yorkshire Pudding, Potatoes, Carrots and Peas	Quorn Chilli, Wholegrain Rice and Green Beans	Quorn Sausage, Mashed Potatoes, Peas and Gravy
Main 3	Wholemeal Egg Mayo Sandwich with Salad	Jacket Potato with Baked Beans and Salad	Cheese Salad Wrap with Salad	Jacket Potato with Cheese and Salad	Tuna Mayonnaise and Cucumber Wrap with Salad
Pick and Mix Salad Bar is available for all 3 main meal options every day					
Dessert	Fruit Salad	Bananas and Custard	Cheese, Crackers and Apple Slices	Jelly and Fruit	Yoghurt and Watermelon
Fruit Drinks Extra bread	Fresh Fruit Water Wholemeal Bread	Fresh Fruit Water Wholemeal Bread	Fresh Fruit Water Wholemeal Bread	Fresh Fruit Water Wholemeal Bread	Fresh Fruit Water Wholemeal Bread

Weeks commencing 15th April, 6th May, 3rd June, 24th June, 15th July

